

THE MEDICAL OPINION ON GENDER DYSPHORIA ON MINORS

Gender dysphoria refers to persistent, significant distress that an individual experiences due to a perceived difference between their gender identity and their biological sex.

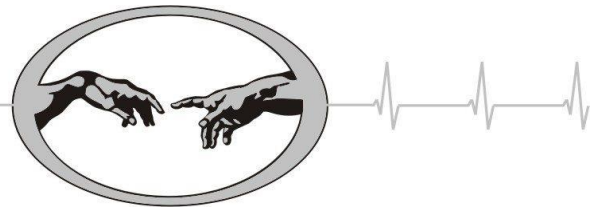
Normalising gender fluidity causes psychological trauma to those suffering from Gender Dysphoria and even more so to those who are not confused about their gender identity. In various countries in America and Europe, this ideology is already promoted at schools and kindergarten.

The claim that a child with gender dysphoria is born with a brain that is of the opposite sex is simplistic, biologically impossible and therefore scientifically incorrect. Every cell in an individual contains identical sex chromosomes, either XX for female or XY for male. There is little supportive evidence for the different opinions about prenatal hormone exposure and structural brain differences that cause gender dysphoria. Infants' brains are already exposed to their own sex hormones within a few weeks of conception.

The concept of transgender identity is based purely on subjective experience, and the so-called "gender affirmative" approach to gender dysphoria (i.e., supporting social, medical, and surgical transition to a transgender identity) is based on very low certainty evidence – therefore many experts do not agree that it is appropriate.

Doctors for Life is convinced that teaching the prepubertal child about gender dysphoria and then affirming its belief that their gender differs from their biological sex and playing along with a child's imprinted confusion, leads them to psychological and social dysfunction.

Children who "feel like the opposite sex" or "somewhere in between" do not comprise a third sex; they remain biological boys or girls. Gender ideology has little basis in science and causes more harm than good, especially in minors. Unquestioningly affirming gender dysphoric students' social transition, harms them by impairing their chances of aligning their gender identity with physical reality; it may propel them down the dismal path of medical transition.



In medical transition, firstly puberty blockers are prescribed to prepubertal children with gender dysphoria. The so-called aim of puberty blockers is to arrest the process of puberty. This is supposed to allow the child enough time to explore their gender without the “distress” of onsetting secondary sex characteristics. It is supposed to help the child to decide, whether it should grow into an adult according to their biological sex or according to the imaginary gender, for which they will need cross-sex hormones. However, as their peers grow into normal young men and young women, firstly these children stay stagnant and secondly start feeling more psychosocially isolated and left out.

This approach is not supported by solid scientific research results. Medical professors state that confused children get chemically castrated through the treatment of puberty blockers and will be sterile for life having to consume cross-sex hormones permanently. Taking it to the extreme, sex reassignment surgeries (SRS) are performed on children as young as 13 years. This means that these adolescents can have their healthy breasts cut off or their penises transformed into look-alike vaginas. Clearly, such surgeries cause permanent sterility and transform the child to a patient for the rest of its life.

Neuroscience shows that the development of the brain is not completed until the mid-twenties. This should immediately bring up the question why children under the age of 18 years are allowed to decide on life-changing procedures that are harmful and dangerous.

It is proven, that the general population’s health is better than that of transitioned people’s health. Moreover, it shows that the suicide rate amongst post-operative transgender adults is 20 times greater compared to the general population.

The vast majority of pre-pubertal youth with gender dysphoria will accept their biological sex by late adolescence, even without medical intervention. It is unlawful and unconstitutional to push an ideology onto children through the school system. If this is not child abuse, then what is? Our children need to be protected and given the opportunity for a prosperous future.

(Sources available on request)